



AUGUST 2024

LET US HELP

TOLL-FREE: 800.633.3353

WEBSITE: mygroup.com > Current Participants > Resources > Work-Life Services

USERNAME: organization specific

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YOUR FIRST RESPONDER ASSISTANCE PROGRAM

Recognition

Acknowledge and appreciate others

Recognition results in motivation and positive actions. It strengthens your personal and professional bonds. We can help you to practice it.

ALWAYS AVAILABLE | FREE | CONFIDENTIAL