



**AUGUST 2024**

**LET US HELP**

**TOLL-FREE:** 800.633.3353

**WEBSITE:** [mygroup.com](https://mygroup.com) > Current Participants > Resources > Work-Life Services

**USERNAME:** organization specific

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**YOUR HEALTHCARE ASSISTANCE PROGRAM**

# Recognition

## Acknowledge and appreciate others

Recognition results in motivation and positive actions. It strengthens your personal and professional bonds. We can help you to practice it.

**ALWAYS AVAILABLE | FREE | CONFIDENTIAL**