



Recognition

Acknowledge and appreciate others

Recognition results in motivation and positive actions. It strengthens your personal and professional bonds. We can help you to practice it.

AUGUST 2024

LET US HELP

TOLL-FREE: 800.633.3353

WEBSITE: mygroup.com > Current Participants > Resources > Work-Life Services

USERNAME: organization specific

PASSWORD: organization specific

YOUR MEMBER ASSISTANCE PROGRAM

ALWAYS AVAILABLE | FREE | CONFIDENTIAL