



Parenting Adolescents: Understanding Gen Z in Your Home

ONLINE SEMINAR

Equip yourself with practical strategies to navigate unique challenges related to parenting teenage children. Build open communication to foster healthier connections with teenagers.

JULY 2024

LET US HELP

Visit your home page starting July 16th

TOLL FREE: 800-633-3353

WEBSITE: www.mygroup.com > My Portal Login > Work-Life

USERNAME: organization specific

PASSWORD: organization specific

YOUR EMPLOYEE ASSISTANCE PROGRAM ALWAYS AVAILABLE | FREE | CONFIDENTIAL