



SEPTEMBER 2024

# The Creative You

## The joys of creative territories

Learn a new hobby, meet new people, or make new connections. Find inspiration to become a more dynamic individual.

### LET US HELP

**TOLL-FREE:** 800.633.3353

**WEBSITE:** [mygroup.com](http://mygroup.com) > Current Participants > Resources > Access Work-Life Services

**USERNAME:** organization specific

**PASSWORD:** organization specific

**YOUR EMPLOYEE ASSISTANCE PROGRAM**

**ALWAYS AVAILABLE | FREE | CONFIDENTIAL**