



OCTOBER 2024

LET US HELP

TOLL-FREE: 800.633.3353

WEBSITE: mygroup.com > Current Participants > Resources > Work-Life Services

USERNAME: organization specific

PASSWORD: organization specific

YOUR FIRST RESPONDER ASSISTANCE PROGRAM

Aging Parents and You

Renew connections with aging parents.

Learn about the challenges of this phase of life and know how you can best support your elderly parents. Explore new opportunities to refresh your connections.

ALWAYS AVAILABLE | FREE | CONFIDENTIAL