



# Crafting Joy: Finding Fulfillment in Creative Pursuits

## ONLINE SEMINAR

Discover the art of trying new things, from exploring uncharted territories to diving into fresh hobbies that ignite your passion. Find inspiration to break free from routine.

SEPTEMBER 2024

### LET US HELP

Visit your home page starting September 17<sup>th</sup>

**TOLL-FREE:** 800.633.3353

**WEBSITE:** [mygroup.com](https://mygroup.com) > Current Participants > Resources > Access Work-Life Services

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