



Crafting Joy: Finding Fulfillment in Creative Pursuits

ONLINE SEMINAR

Discover the art of trying new things, from exploring uncharted territories to diving into fresh hobbies that ignite your passion. Find inspiration to break free from routine.

SEPTEMBER 2024

LET US HELP

Visit your home page starting September 17th

TOLL-FREE: 800.633.3353

WEBSITE: mygroup.com > Current Participants > Resources > Access Student-Life Services

USERNAME: organization specific

PASSWORD: organization specific

YOUR STUDENT ASSISTANCE PROGRAM

ALWAYS AVAILABLE | FREE | CONFIDENTIAL