



OCTOBER 2024

LET US HELP

Visit your home page starting October 15th

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WEBSITE: mygroup.com > Current Participants > Resources > Access Work-Life Services

USERNAME: organization specific

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YOUR MEMBER ASSISTANCE PROGRAM

Aging Parents, Renewed Connections

ONLINE SEMINAR

One of the most significant transformations we encounter is the aging of our parents. The transitions that come with this can be challenging, but they offer opportunities to deepen our relationships.

ALWAYS AVAILABLE | FREE | CONFIDENTIAL