



OCTOBER 2024

## LET US HELP

Visit your home page starting October 15<sup>th</sup>

**TOLL-FREE:** 800.633.3353

**WEBSITE:** [mygroup.com](http://mygroup.com) > Current Participants > Resources > Access Student-Life Services

**USERNAME:** organization specific

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**YOUR STUDENT ASSISTANCE PROGRAM**

# Aging Parents, Renewed Connections

## ONLINE SEMINAR

One of the most significant transformations we encounter is the aging of our parents. The transitions that come with this can be challenging, but they offer opportunities to deepen our relationships.

**ALWAYS AVAILABLE | FREE | CONFIDENTIAL**