



## Tools for Everyday Living

## Your figurative toolkit for life

Gain knowledge on tools and skills essential for daily living. We can help you learn about new tools to add to your toolbox of life, reach out today.

## DECEMBER 2024

## LET US HELP

TOLL-FREE: 800.633.3353

WEBSITE: mygroup.com > Current Participants > Resources >

Access Work-Life Services

**USERNAME:** organization specific

PASSWORD: organization specific YOUR FIRST RESPONDER ASSISTANCE PROGRAM ALWAYS AVAILABLE | FREE | CONFIDENTIAL