



Toolbox Talks

ONLINE SEMINAR

Take inventory of the different tools you have in your figurative toolbox and look at things differently. We can help empower you on your journey.

DECEMBER 2024

LET US HELP

Visit your home page starting December 17th

TOLL-FREE: 800.633.3353

WEBSITE: mygroup.com > Current Participants > Resources > Access Work-Life Services

USERNAME: organization specific

PASSWORD: organization specific **YOUR FIRST RESPONDER ASSISTANCE PROGRAM** **ALWAYS AVAILABLE | FREE | CONFIDENTIAL**