



# Laughter Helps

## ONLINE SEMINAR

Laughter is a universal language that transcends boundaries and connects people on a profound level. Learn about the power of humor in life.

**NOVEMBER 2024**

## LET US HELP

Visit your home page starting **November 19<sup>th</sup>**

**TOLL-FREE:** 800.633.3353

**WEBSITE:** [mygroup.com](https://mygroup.com) > Current Participants > Resources > Access  
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