



NOVEMBER 2024

LET US HELP

Visit your home page starting **November 19th**

TOLL-FREE: 800.633.3353

WEBSITE: mygroup.com > Current Participants > Resources > Access
Work-Life Services

USERNAME: organization-specific

PASSWORD: organization-specific

YOUR HEALTHCARE ASSISTANCE PROGRAM

Laughter Helps

ONLINE SEMINAR

Laughter is a universal language that transcends boundaries and connects people on a profound level. Learn about the power of humor in life.

ALWAYS AVAILABLE | FREE | CONFIDENTIAL