First Responder Wellness Week March 24-28, 2025

Your First Responder Assistance Program (FRAP) provides support and resources that help you respond to the physical, mental, and emotional impacts of your role as a public servant.



Call us at 800.633.3353 Visit mygroup.com

Request an Appointment and Find Resources here: Current Participants > First Responder Resources > Access Work-Life Services

Username: organization-specific Password: organization-specific

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