

## YOUR FIRST RESPONDER ASSISTANCE PROGRAM

# *Disaster Preparedness— support when you need it*

If a natural disaster, such as a hurricane or a wildfire, or other emergency has affected you or anyone in your family, your first responder assistance program can provide resources, referrals, and assistance for these and other topics:

- Disaster preparedness and evacuation procedures
- State and national relief organizations
- Relocation and housing
- Coping with crisis



ALWAYS AVAILABLE. ALWAYS CONFIDENTIAL.

TOLL-FREE: **800.633.3353**

WEBSITE: [mygroup.com](http://mygroup.com) > **Current Participants**  
> **Resources** > **Access Work-Life Services**

USERNAME: **organization-specific**

PASSWORD: **organization-specific**

