

YOUR MEMBER ASSISTANCE PROGRAM

Disaster Preparedness— support when you need it

If a natural disaster, such as a hurricane or a wildfire, or other emergency has affected you or anyone in your family, your member assistance program can provide resources, referrals, and assistance for these and other topics:

- Disaster preparedness and evacuation procedures
- State and national relief organizations
- Relocation and housing
- Coping with crisis



ALWAYS AVAILABLE. ALWAYS CONFIDENTIAL.

TOLL-FREE: **800.633.3353**

WEBSITE: mygroup.com > **Current Participants**
> **Resources** > **Access Work-Life Services**

USERNAME: **organization-specific**

PASSWORD: **organization-specific**

